

**Activity Risk Assessments**

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## Archery

Location: Fields

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Tripping/Stumbling whilst walking in the archery area	Children	High	<p>Brief the children on acceptable and appropriate behaviour when on the archery range, any inappropriate behaviour will be dealt with accordingly - see Behaviour policy.</p> <p>Suitable number of supervising staff in addition to qualified archery instructor based on number of children participating.</p>	Low
Getting hit by arrows	Children Staff Others on site	Medium	<p>Staff to monitor area around and behind the archery ranges, and stop session immediately if there are other people in the area.</p> <p>Only release arrows on command from instructor. Only collect arrows on command from instructor.</p> <p>Point arrows at target or floor at all times and no deliberate high or wide shooting.</p> <p>All spectators to remain behind safety line.</p> <p>Warn other people on site that archery is taking place and explain the boundaries with the use of warning signs.</p>	Low
Walking into arrows	Children Staff	Medium	<p>Brief the children thoroughly with the safety instructions and rules stated below.</p> <p>Walk slowly down the sides of the target as opposed to walking</p>	Low

			<p>directly into target and do not stand directly in front of arrow when removing it.</p> <p>Suitable shoes to be worn (no open toe/ sandals).</p>	
Catching hair/jewellery	Children	Low	Advise all children to remove all jewellery and tie hair back.	Low
Bruising to arm	Demonstrating Instructor Children	Medium	<p>Advise children to wear long sleeve tops or jumpers if appropriate weather.</p> <p>Instruct children on the correct arm position if needed.</p> <p>Arm braces to be worn during every archery session for safety.</p>	Low
Lost arrows	Children Staff	Medium	<p>Children are encouraged to collect their own arrows, and count each one after use.</p> <p>Staff will look for missing arrows when suitable and safe.</p> <p>Every effort will be made to search for missing arrows.</p>	Low
Hypo/hyperthermia and exposure	Children Staff	Medium	<p>Staff will ensure that the children within the group are clothed appropriately for the weather – waterproofs, hat, gloves, warm clothes, sun-cream etc.</p> <p>Staff will ensure that the children are hydrated and will monitor the state of all individuals within the group.</p> <p>Staff will be prepared to stop or have a break during the session.</p>	Low

### Safety Instructions given by Archery Instructor:

- Place brace on your weaker arm, inside forearm
- Pick up bow with 'braced' arm - 'Rabbit Ears' pointing up
- Hold bow towards target and rotate so string is under arm
- Spare arm picks up arrow and place on top of bow
- Arrows white fine points up, click end between gold rings
- Turn bow upright towards target
- Turn body side on to target.
- Keep 'braced' arm straight
- Spare arm pulls back on string with finger tips to shoulder
- When ready release string to fire arrow

### Rules:

- Do not cross firing line unless told
- Shoot at targets directly in front
- Keep all loaded bows pointing at the target
- Walk when collecting arrows
- Keep arrow pointing down towards the ground
- Look behind when removing arrows from target
- 8 children permitted to shoot at one time.

## Arts & Crafts

Location: Classroom

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Children’s behaviour	Children	Medium	<p>Children are reminded of the safety instructions before the activity starts. Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensue they behave appropriately through out the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	Low
Equipment: <ul style="list-style-type: none"> <li>• Faulty</li> <li>• Misuse</li> <li>• Trips and slips</li> </ul>	Children Staff	Medium	<p>All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.</p> <p>All equipment is stored safely and out of the way during the arts and crafts to reduce children slipping or tripping over it.</p> <p>All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.</p>	Low

Equipment use – scissors, pencils, pens and rulers	Children	Medium	Children will be kept under close supervision when using scissors for arts and crafts.  Children will be reminded to be careful when using these materials and tools, those that need assistance will be supported by staff members or Crew Trainees.	Low
Allergic reactions or upset stomachs – Caused by ingestion of or exposure to paints, glue vapours, face paints and natural items collected outside	Children Staff	Medium	Check medical forms for allergy information before the activity. Anyone with an allergy to e.g. face paints must not be brought into contact with these substances.  Issue rules or provide supervision when collected natural items (e.g. berries, fungi). Ensure everyone washes hands at the end of the activity and before eating food.	Low
Small items – swallowing or choking	Children	Medium	Instructors to conduct an area search before beginning activity to look for small items.  Constant supervision over the group during any activity.	Low
Wet surfaces – slips and trips	Children Staff	Medium	Classrooms and surfaces are checked before and after any arts and crafts take place, this will reduce the risk of slips and trips.  The activity leader will also ensure there is enough space for all children to take part in the activity safely.	Low

## Roller Racers

Location: Hard-court or Indoor Sports Hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Track conditions increasing the likelihood of accident	Children	Low	<p>Instructor to check hard-court or sports hall floor before Roller Racer session to ensure it is safe – arrange maintenance if needed.</p> <p>Communication with school site team to decide if any other maintenance is required before session starts.</p>	Low
Crash resulting in serious injury	Children	Medium	<p>Children to be made aware of all safety instructions and rules as stated below.</p> <p>Ensure all children are wearing suitable attire – closed shoes.</p> <p>First Aider on site at all times, and able to communicate clearly with staff running the session with walkie-talkies. First Aider able to respond to emergency situations should they arise.</p> <p>Track kept free of debris – branches, litter, foreign objects etc..</p> <p>Roller Racers are maintained and checked regularly – before and after session.</p>	Low

Crash resulting in minor or no injury	Children	High	<p>Children to be made aware of all safety instructions and rules as stated below.</p> <p>Ensure all children are wearing suitable attire – closed shoes.</p> <p>Children are instructed to sit down on the equipment as demonstrated by a leader. Hands are kept on handle bars at all times.</p> <p>First Aider on site at all times, and able to communicate clearly with staff running the session with walkie-talkies.</p>	Low
Bikes ridden incorrectly – wrong way around track, into other riders and through centre of track.	Children Staff	High	<p>Children are initially assessed when given a roller racer to ensure they are competent and able to follow instructions given.</p> <p>ALL children to listen to safety instructions and rules before session commences.</p> <p>Riders will always travel in the same direction throughout the whole session to reduce any confusion.</p> <p>Track is well defined by cones and staff who will supervise.</p>	Low
Children's behaviour - Inability or decision to not follow directions or cooperate	Children	Medium	<p>Clear behaviour expectations set out at the start of the session – children also made aware of behaviour policy.</p> <p>Inappropriate behaviour will be dealt with accordingly – following our behaviour policy. Potential removal of individual from the activity is necessary.</p> <p>Staff supervision based on the number of children completing the activity.</p>	Low



<p>Children's ability – unable to complete activity due to:</p> <ul style="list-style-type: none"> <li>• Fear/Anxiety</li> <li>• Complacency</li> <li>• Physical ability</li> </ul>	Children	Medium	<p>All staff members encourage a supportive, learning environment.</p> <p>Children are all briefed with safety instructions and rules according to their age, ability and experience.</p> <p>Participation is based on the children meeting requirements.</p> <p>Demonstrations are provided at the beginning of the session to ensure children see a visual example of the activity they are undertaking.</p> <p>Activities are challenge by choice – children are positively challenged but not forced to participate in activity.</p>	Low
Unauthorised access	Children Staff Visitors	Low	<p>Roller Racers are locked away in store cupboard when not being used by the children.</p> <p>Children are made aware that they are not to use equipment unless staff members supervise them.</p>	Low
Poor supervision and delivery of activity	Children Staff	Medium	<p>The Course leader running the session will be suitably trained and assessed by a director of the business before delivering Roller Racer activities on their own.</p>	Low
Faulty equipment	Children	Medium	<p>Roller Racers are serviced and maintained for all sessions. The Course leader running the session will check each Roller Racer before use to ensure it is safe to use.</p> <p>Equipment is sorted securely and kept dry to reduce weather damage.</p>	Low

<p>Weather conditions:</p> <ul style="list-style-type: none"> <li>• Dehydration</li> <li>• Hyperthermia</li> <li>• Hypothermia</li> <li>• Sunburn</li> </ul>	<p>Children</p>	<p>Medium</p>	<p>Shaded areas are provided during all outdoor activities.</p> <p>Staff members ensure children are dressed accordingly to weather: hats, coats, and gloves.</p> <p>Staff members always encourage children to apply sun cream when required and take water bottles outside during activities.</p> <p>Activities may be cancelled if necessary or alternative activities arranged.</p>	<p>Low</p>
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Safety instruction given by instructor:

- 4 Roller Racers permitted on the course at once
- Line up in colored lines at start line.
- One child per colour team starts the race.
- Sets of races, relays, points for positions and rotate riders.
- Stay inside of the course.
- Hands must stay on handles at all times, feet inside vehicle.

Rules:

- No barging / contact
- Give people and riders space
- Remain in control of your speed at all times

## Cooking/ Baking

Location: Cookery rooms/ Kitchens

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Hot surfaces/liquids – Burns or scalds	Children	High	<p>Lifting lids off kettles, moving hot tins and water is strictly restricted to staff members only.</p> <p>Suitable staff supervision and safe working practice in place during all cooking activities to ensure safety of children</p> <p>Adequate space is always available for children to take parts to reduce risk of injuries – dependent on site, some kitchens follow a maximum person restriction, which will be adhered to.</p>	Low
Sharp equipment - cuts	Children	High	<p>Controlled storage of knives within cooking equipment box – these are out of bounds for children.</p> <p>Children are shown correct technique when using any sharp equipment and supervised accordingly.</p> <p>Knives are washed separately from other pieces of equipment to reduce chances of injury.</p>	Low
Slippery floors – Sips, trips or falls	Children	Medium	<p>Staff will ensure that the cooking environment is clear of any obstacles in walkways and work areas.</p> <p>All spillage will be dealt with immediately to reduce chance of slips.</p>	Low

			Kitchen towel is available for all worktops and floors to ensure a quick clean up can be completed.	
Use of cookers (electric or gas) – Electric shock, fire or explosion	Children	High	<p>Electrical equipment is subject to PAT testing, which is completed by the school yearly.</p> <p>Children will be supervised at all times when in the cookery rooms and only the adults will be using the ovens.</p> <p>Ovens for food preparation will not be used for other purposes.</p> <p>A gas isolation valve should be available to isolate the gas supply when not in use.</p>	Low
Children's behaviour	Children	Medium	<p>Children are reminded of a set safety instructions before the activity starts.</p> <p>Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensue they behave appropriately through out the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy.</p> <p>Removal of children from the activity will occur if necessary.</p>	Low
Children's allergies – Inadvertent contact or staff not aware.	Children	Medium	All staff to be made aware of any allergies for all children who are sensitive to foods and food additives. Staff should also be aware of ingredients/food additives present in foodstuffs to reduce the chance of risk.	Low
Food poisoning	Children Staff	High	<p>Personal hygiene:</p> <ul style="list-style-type: none"> <li>• Pupils will be reminded to wash hands before and after handling any food and after visits to the toilet.</li> <li>• Warm water, soap and paper towels are available at all times.</li> </ul>	Low

			<ul style="list-style-type: none"> <li>• Cuts etc. are covered with waterproof adhesive dressings.</li> <li>• Long hair will be tied back.</li> </ul> <p>Storage:</p> <ul style="list-style-type: none"> <li>• Only small quantities of food should be stored and correct rotation should be ensured.</li> <li>• 'Use by' and 'best before' dates should be checked before use.</li> <li>• Food stored in suitable containers.</li> </ul> <p>Food handling:</p> <ul style="list-style-type: none"> <li>• No high-risk raw foods kept on site.</li> <li>• Equipment, including cutlery stored in secure, clean conditions and used only for food preparation.</li> </ul> <p>Cleaning:</p> <ul style="list-style-type: none"> <li>• Work surfaces cleaned with anti-bacterial cleaner before and after any food preparation.</li> <li>• Equipment, including cutlery should be stored in secure, clean conditions and used only for food preparation.</li> <li>• Site cleaners will empty all rubbish bins for waste food.</li> </ul>	
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## Dance & Performance

Location: Hall/ Studio

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Collisions with other children causing the following minor injuries <ul style="list-style-type: none"> <li>• Trips</li> <li>• Falls</li> </ul>	Children	High	First aider is always on site to respond to any minor injuries. Staff supervision is arranged by the activity leader to ensure there is enough space for dancing and children are suitably managed and kept safe.	Low
Major Injuries <ul style="list-style-type: none"> <li>• Broken bones</li> <li>• Concussion</li> </ul>	Children	Medium	First aider is always on site to respond to any injuries and is competent in dealing with emergency situations.	Low
Dancing surface (Hall or studio)	Children	Medium	Dance areas are checked before and after any dancing sessions; this will reduce the risk of slips and trips. The activity leader will also ensure there is enough space for all children to dance safely.	Low
Injuries from surrounding equipment	Children	Medium	Any equipment not being used will be kept away and stored safely. Chairs will be placed so there are aisles and spaces for people to move to and from chairs.	Low
Children's behaviour	Children	Medium	Children are reminded of a set safety instructions before the activity starts. Appropriate staff to child ratios dependent on number of participants.	Low

			<p>Children are also reminded of the camp rules to ensure they behave appropriately throughout the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	
Dehydration	Children Staff	Medium	<p>Children and Staff have been instructed to bring water along to the sessions with them. Children and Staff will have access to a drinking fountain at the centre and will be given sufficient water and rest breaks.</p> <p>Children and Staff will be encouraged and allowed to drink water whenever they need to during the sessions.</p>	Low
Clothing and shoes	Children	Medium	<p>Children will be given advice and instructions on appropriate clothing and footwear for the dance sessions. All jewellery must be removed before dance activities commence.</p>	Low
Staging (if appropriate)	Children Staff	High	<p>Children will be given safety instructions when dancing on the stage, the Course Leader will ensure children are aware of the area of space they can dance and move around in.</p> <p>A marker will be used to show the children how close to the front of the stage the children can come to.</p>	Low
Dancing stunts/lifts	Children	High	<p>Dancing stunts and lifts will be fully explained and taught through by the Course Leader and supported by the Leaders within each group.</p> <p>Safety rules will be explained and each group must show understanding of the safety elements and what their role is in the stunt before the stunt will be attempted.</p>	Low

## Forest Games

Location: Forest

<b>The significant hazards associated with this activity/premises</b>	<b>The individuals at risk who may be harmed by the significant hazards</b>	<b>Risk rating (High, Medium, Low)</b>	<b>Risk reduction and control – measures put into place to reduce the risk of hazards occurring</b>	<b>Revised risk rating (High, Medium, Low)</b>
Faulty equipment leading to injury	Children	Medium	All equipment is checked before and after use to ensure it safe to take into the forest to use with the children.	Low
Misuse of equipment leading to injury	Children	Medium	Activity leader briefs the children before the commencement of forest games, the safety instructions are to be followed at all times.	Low
Minor injuries (Cuts, bruises and abrasions)	Children	High	First aider is always on site to respond to any minor injuries.  Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.	Low
Major injuries (Concussion, broken bones etc..)	Children	Medium	First aider is always on site to respond to any injuries and is competent in dealing with emergency situations.	Low
Children's behaviour	Children	High	Children are reminded of the safety instructions before the activity starts. Children are also reminded of the camp rules to ensure they behave appropriately through out the entire activity.  Any inappropriate behaviour will be dealt with accordingly – see Behaviour policy. Removal of children from the activity will occur is necessary.	Low
Surfaces & vegetation (Slips, trips or ingestions)	Children	Medium	Forest areas checked before activity by staff members to ensure safe and secure – if hazards are located then the area is sectioned off with rope or tape, which is clear to everybody.	Low



			<p>Staff members will also remind children not to ingest any plants, leaves or berries etc. Staff to check allergy plans before activity commences.</p> <p>Staff will also remind children to only use materials left on the floor for den building – they are NOT to use any growing materials.</p>	
<p>Weather:</p> <ul style="list-style-type: none"> <li>• Sun burn</li> <li>• Hyperthermia</li> <li>• Hypothermia</li> <li>• Dehydration</li> </ul>	Children	Medium	<p>Staff to ensure that children are appropriately dressed for forest games – waterproofs, gloves, hats, sun cream etc.</p> <p>Sessions may have to be postponed due to extreme weather conditions – high winds, heavy rain and reduced visibility.</p>	Low
Wildlife/Insects (Bites and stings)	Children	Medium	<p>Staff to remind children not to disturb any living animals that they may find – if wasps/bees nest are found these will be reported immediately and children removed from the area.</p> <p>Staff to check medical and allergy sheets for all children before activity starts.</p> <p>First aider on site at all times during forest games for any medical concerns - bucket of cold water and sponge taken out to the forest for immediate application.</p>	Low
Lost child	Children	Medium	<p>Staff members to remind children to stay with one another.</p> <p>Air horn used to ensure all children return back to staff in between games. Staff in between every game to ensure all children are present must complete Head counts - see Lost Child Policy if necessary.</p> <p>Suitable ratios of suitable staff dependent on number of children participating.</p>	Low

Safety instructions given by instructor:

- Stay inside the boundaries
- Watch out for debris & obstacles
- Keep out of unsafe zones
- No climbing trees
- No throwing sticks
- Use of forest materials on the ground
- No ripping or tearing of leaves or branches
- No destruction to other peoples dens (if appropriate)

## Tarpaulin Water Slide

Location: Field

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Surface conditions: <ul style="list-style-type: none"> <li>• Wet ground</li> <li>• Debris</li> <li>• Stumbles and trips</li> </ul>	Children	High	The activity will always take part on flat grass with a slope gradient of no more than 20 degrees to reduce slips and trips.  The tarpaulin will be thoroughly checked by the activity leader to check for debris and assess the suitability before the session commences.	Low
Children's behaviour	Children	Medium	Appropriate staff to child ratios dependent on number of participants.  Children are also reminded of the camp rules to ensure they behave appropriately through out the entire activity.  Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.	Low
Weather conditions: <ul style="list-style-type: none"> <li>• Sun burn</li> <li>• Hyperthermia</li> <li>• Hypothermia</li> <li>• Dehydration</li> </ul>	Children	Medium	Staff to ensure that children are appropriately dressed for striking and fielding games – waterproofs, gloves, hats, sun cream etc.  Sessions may have to be postponed due to extreme weather conditions – high winds, heavy rain and reduced visibility.	Low
Minor injuries from inappropriate clothing	Children	Medium	All children must wear appropriate swimming costumes before sliding.	Low

			All children must tie up long hair and remove any jewellery or watches.	
Friction burns from Tarpaulin	Children	High	<p>The tarpaulin is constantly watered with a hose to create a water flow along the whole length of the slide.</p> <p>Lubricating liquid will be mixed with water to create slippery surface.</p> <p>Children will be given inflatable ride ons with instructions to hold the supplied grab handles.</p>	Low
<p>Equipment:</p> <ul style="list-style-type: none"> <li>Faulty</li> <li>Misuse</li> <li>Trips and slips</li> </ul>	Children Staff	Medium	<p>All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.</p> <p>All equipment is stored safely and out of the way during the session to reduce children slipping or tripping over it.</p> <p>All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.</p>	Low
Children colliding with each other whilst on the slide	Children	High	Staff will ensure one child slides down the tarpaulin at a time. Only when child has dismounted slide at bottom does the next child come to the start line.	Low
Unauthorised access	Children	High	The slide will be supervised all the times, and will be put away as soon as possible after the event has finished.	Low

## Nerf Foam Target Shooting

Location: Sports Hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Being hit/shot by a foam Dart	Children Staff	Medium	<p>Children briefed on safety instructions and rules before session commences and throughout.</p> <p>Children are to only aim down the shooting range and reminded to NEVER point a Nerf gun at another person.</p> <p>There is a clear safety and firing line to ensure children safety during the session.</p> <p>Once all participants have shot all of their darts, the nerf guns are places down, safety on and checked by range instructor before whistle is blown for collection.</p>	Low
Finger/skin trapped when loading rifle	Children	Medium	<p>Demonstrations given on how to safely loads each type of Nerf Gun</p> <p>Children are reminded of rules and safety instruction before session commences.</p>	Low
Rifle shooting range	Children Staff	Low	Shooting range to be set up and inspected by Leader to ensure safe distances.	Low
Minor injuries	Children Staff	Low	First aid kit and first aider on site at all times	Low
Standard of shooters	Children	Medium	Unavoidable –instructor to teach some basic aim shooting drills to	Low

	Staff		ensure competencies	
Injuries to people outside the area of range	Children Staff	Medium	Nerf Target Shooting takes place in isolation in the sports hall to ensure there are no other children, staff or visitors nearby. The target are lined up against the sports hall wall to ensure no darts escape through doors /windows.	Low
Ricochet	Children Staff	Medium	Targets and backboards checked regularly with the instructor. All children to wear eye protection before taking position on the shooting range.	Low
Unauthorised use	Children Staff Visitors	High	Nerf shooting is always supervised while at the range. When equipment is not in use it is safely stored away from others and darts are kept separately from the rifles when session is not active.	Low
Slips & Trips	Children	Medium	Range checked and inspected before commencement of session. Children told not to run when moving around the range, from station to station. Upon collection of darts children are reminded to walk once permitted to collect.	Low
Equipment failure	Children	Medium	All equipment is checked regular – before and after use. Any problems with equipment are reported. Any faulty equipment is removed from site and serviced until repaired.	Low

Safety Instructions given by instructor:

- Nerf Gun must be kept pointing forwards
- Shoot at targets directly in front
- Safety glasses must be worn at all times
- Only approach a station when its clear
- Never cross the firing line

Rules:

- 4 children to every station, supervised by a staff member
- Aim to hit as many targets as possible
- Push forwards safety then pull on trigger to fire.
- Must pull backwards on safety after shot
- Once all darts are fired, pass back to staff member.
- Children wait behind safety line.

## Rocket & Rocket cars (Building)

Location: Classroom/ Sports hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Use of scissors - children could cut themselves causing minor injuries	Children	Medium	<p>Children will be reminded of both the rules and safety instructions before commencement of activity. First aider on site at all times to respond to any minor or major injuries.</p> <p>The scissors used for building the rockets and rockets cars are age appropriate children’s scissors.</p>	Low
Children ingesting glue/Pritt stick	Children	Medium	Staff supervision will ensure children are following instructions and ensure children are not ingesting materials or using them inappropriately.	Low
Axels can be difficult to attach to wheels which could cause an injury	Children	Medium	<p>Children will be reminded of both the rules and safety instructions before commencement of activity.</p> <p>Suitable staff supervision will be present to ensure children are following instructions and to support if necessary.</p>	Low
Children’s behaviour	Children	Medium	<p>Children are reminded of the safety instructions before the activity starts. Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensure they behave appropriately through out the entire activity. Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	Low



<p>Equipment:</p> <ul style="list-style-type: none"> <li>• Faulty</li> <li>• Misuse</li> <li>• Trips and slips</li> </ul>	<p>Children Staff</p>	<p>Medium</p>	<p>All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.</p> <p>All equipment is stored safely and out of the way during the activity to reduce children slipping or tripping over it.</p> <p>All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.</p>	<p>Low</p>
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The below table shows the safety instructions and rules for building both Rockets and Rocket cars – these will be delivered by the activity leader before and during each activity.

Activity	Safety instructions	Rules
<p>Rockets</p>	<p>Roll paper around plastic mandrel and glue down.            Cut paper end 3 times (2 cm), fold and twist nose cone on.            Tape nose cone onto paper.            Cut out and fold fin templates and stick to paper.            Then color / decorate with felt tips.</p>	<p>Advise caution when using scissors</p>
<p>Rocket cars</p>	<p>Roll paper around plastic mandrel and glue down.            Cut paper end 3 times (2 cm), fold and twist nose cone on.            Tape nose cone onto paper.            Cut out and fold fin templates and stick to paper.            Place Axels through Correx and attach wheels.            Tape rocket to car base with tape            Then color / decorate with felt tips.</p>	<p>Advise caution when using scissors            Advise caution when attaching wheels</p>

## Rocket & Rocket cars (Launching)

Location: Field/ Sports hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Equipment: <ul style="list-style-type: none"> <li>• Faulty</li> <li>• Misuse</li> <li>• Trips and slips</li> </ul>	Children Staff	Medium	All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.  All equipment is stored safely and out of the way during the activity to reduce children slipping or tripping over it.  All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.	Low
Children being hit by rocket/rockets cars when being fired	Children	Medium	Children will be reminded of both the rules and safety instructions before commencement of activity.  Children will be sat away from the launchers behind a series of cones to ensure their safety at all times.	Low
Weather conditions: <ul style="list-style-type: none"> <li>• Sun burn</li> <li>• Hyperthermia</li> <li>• Hypothermia</li> <li>• Dehydration</li> </ul>	Children	Medium	Staff to ensure that children are appropriately dressed for firing rockets/cars – waterproofs, gloves, hats, sun cream etc.  Sessions may have to be postponed or moved inside due to weather conditions – high winds, heavy rain and reduced visibility.	Low
Children's behaviour	Children	Medium	Children are reminded of the safety instructions before the activity starts.	Low

			<p>Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensure they behave appropriately throughout the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	
<p>Surfaces or firing areas:</p> <ul style="list-style-type: none"> <li>• Slips and trips</li> <li>• Litter</li> <li>• Wet or damp</li> </ul>	Children	Medium	<p>Surfaces and firing areas are checked before and after any activities, this will reduce the risk of slips and trips.</p> <p>The activity leader will also ensure there is enough space for all children to play appropriately.</p>	Low
Collisions with another child	Children	High	<p>First aider is always on site to respond to any minor injuries.</p> <p>Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.</p> <p>The activity leader will also ensure there is enough space for all children to play appropriately.</p>	Low

The below table shows the safety instructions and rules for firing both Rockets and Rocket cars – these will be delivered by the activity leader before and during each activity.

Activity	Safety instructions	Rules
Rockets	Children come up in pairs, CA places rocket on launcher. Children pump up canisters to set pressure. Countdown from 3, 2, 1, then children fire the rocket. Competition to see who can travel the furthest.	Never stand in front of rocket when about to fire Rest of children must be sat away from launchers
Rocket cars	Children come up in pairs, CA places rocket on launcher. Children pump up canisters to set pressure. Countdown from 3, 2, 1, then children fire the rocket. Competition to see who can travel the furthest.	Never stand in front of rocket when about to fire Rest of children must be sat away from launchers

## Striking & Fielding games

Location: Field/ Sports hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Pitches/ surfaces or playing areas: <ul style="list-style-type: none"> <li>• Slips and trips</li> <li>• Litter</li> <li>• Wet or damp</li> </ul>	Children	Medium	Playing areas/surfaces and pitches are checked before and after any striking a fielding game, this will reduce the risk of slips and trips.  The activity leader will also ensure there is enough space for all children to play appropriately.	Low
Weather conditions: <ul style="list-style-type: none"> <li>• Sun burn</li> <li>• Hyperthermia</li> <li>• Hypothermia</li> <li>• Dehydration</li> </ul>	Children	Medium	Staff to ensure that children are appropriately dressed for striking and fielding games – waterproofs, gloves, hats, sun cream etc.  Sessions may have to be postponed due to extreme weather conditions – high winds, heavy rain and reduced visibility.	Low
Equipment: <ul style="list-style-type: none"> <li>• Faulty</li> <li>• Misuse</li> <li>• Trips and slips</li> </ul>	Children Staff	Medium	All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.  All equipment is stored safely and out of the way during games and activities to reduce children slipping or tripping over it. All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.	Low
Collisions with another child	Children	High	First aider is always on site to respond to any minor injuries.  Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.	Low

			The activity leader will also ensure there is enough space for all children to play appropriately.	
Children being hit by a moving object (Bat or ball)	Children	High	<p>First aider is always on site to respond to any minor injuries or emergency situations – with fully stocked first aid kit.</p> <p>The activity leader will also ensure there is enough space for all children to play appropriately.</p> <p>Wicket keepers/ backstops positioned to avoid batters backswing. Fielders are 10metres away from the batter. Players reminded to keep eye on the ball.</p> <p>Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.</p>	Low
Children's behaviour	Children	Medium	<p>Children are reminded of the safety instructions before the activity starts.</p> <p>Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensure they behave appropriately through out the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	Low

The below table shows the safety instructions and rules for each Striking and Fielding game – these will be delivered by the activity leader before commencement for each activity.

Type of game	Safety instructions	Rules
Softball	<p>Drop bat &amp; run            Keep behind batting line            Aware of other players            Aware of ground conditions</p>	<p>Three strikes then run            1st base only if hit behind            One person per base            Fielding team require a backstop            Out if stumped by ball            Out if caught in air            Stop running if bowler has ball</p>
Kwik Cricket	<p>Drop bat &amp; run            Keep behind batting line            Aware of other players            Aware of ground conditions</p>	<p>Max of 5 scoring runs            Must run when bowler bowls ball            Stand to the side of the stumps            Out if caught in air or hits own stumps            Out if stumped by bowler ONLY            End of game - sit down</p>
Uni-hoc	<p>Non playing teams remain on benches            2 hands on Sticks            Stick remains below waist height            No Contact            Clear away all bags, post &amp; other obstructions/hazards from pitches            No water bottles</p>	<p>1 on 1 ONLY            Goalie only allowed inside 'D'            Goalie can use feet to kick puck            Players cannot use their feet            if puck is obstructed - nearest player retrieves.            When puck goes behind goal, possession to Goalie            End of game - return to benches</p>
Football	<p>Non playing teams remain on benches            No Contact</p>	<p>Goalie only allowed inside 'D'            if Ball is obstructed - nearest player retrieves.            Keep ball below head height            No hand balls            Goalie can use hands.            When ball goes behind goal, possession to Goalie</p>

Kick rounders	<p>Keep behind batting line          Aware of other players          Aware of ground conditions</p>	<p>One strike then run          1st base only if hit behind          One person per base          Stop running if bowler has ball          Out if stumped by ball          Out if caught in air</p>
Dodge ball	<p>Aware of other players          No Contact          Stay away from dividing area</p>	<p>Start with backs against the wall          Hit below waist = Out          Caught ball = thrower is out          Stay on their side          When out sit by the side          End of game - sit down</p>
Bench ball	<p>No standing on center bench          Aware of other players</p>	<p>Throw ball to teammate on other side on bench          Go to join if they catch          First with all their team on bench wins          Stay on your side          Defenders must stay off mats</p>
Kinball	<p>Hit the ball like volleyball          Remove hand jewelry          Aware of other players          Check for sharp objects in the sports hall</p>	<p>All teams on the pitch at once.          One team has possession of KinBall.          Down on one knee holding ball in air.          One person has chance to hit the ball to hit the ground.          Must go up before it comes down.          Must call out a color before being hit.          That team color must try to catch the ball          Then repeat hitting process</p>



## Swimming

Location: Pool

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Drowning in deep or shallow waters	Children	High	<p>Height test completed to ensure all children are taller than the shallowest end of the pool – if their shoulders are shorter than the deepest part of the shallow end of the pool they do not swim.</p> <p>All 4-6year olds stay in the shallow end of pool - Swimming width test completed by all children wanting to swim in deeper waters aged 7+ assessed by the Lifeguard.</p> <p>Children reminded of all swimming pool rules for their safety.</p> <p>A National Pool Qualified Lifeguard on poolside during every swimming session alongside other staff for supervision.</p> <p>Failed width test and non – swimmers must remain behind the rope and in their depth at all times. The lifeguard will separate the shallow and deep areas of the pool with guidance from the site risk assessment within the operational site plan.</p>	Low
Colliding with another child	Children	High	Children are reminded of the swimming pool rules before the session commences. Any inappropriate behaviour will be dealt with accordingly; this could result in a child missing their swimming session.	Low

Pool equipment (floats, balls, inflatables and others)	Children Staff	High	<p>Goggles, floats and other equipment is in good condition or removed from the poolside.</p> <p>Equipment is checked before being used in the pool. Children misusing the equipment will be disciplined accordingly.</p> <p>Large inflatables to only be used with competent swimmers, aged 7-12 years. Inflatables to be placed into the deeper end of the pool with more space to prevent injury.</p>	Low
Pool surround (slips and trips)	Children	Medium	<p>Children are reminded to walk the poolside at all time when entering and exiting the pool.</p> <p>Once children have entered the pool they are encouraged to stay in for the length of the session to reduce movement around the poolside.</p> <p>Cleaning schedules are in place at each site – see NOP's and EAP's.</p> <p>Checked on a daily basis by the Caretaker.</p>	Low
Pool design (blind spots and glare)	Children	Low	<p>Qualified Lifeguard present at all swimming sessions. Other staff members informed of supervision roles by Lifeguard.</p>	Low
Unauthorised access	Children Visitors Staff	High	<p>Swimming pool is secure when not in use and locked by the Lifeguard. Locks are fit for purpose and checked by the Caretakers as well as the pool area.</p> <p>NOP and EAP in operation.</p>	Low
Pool access ladders	Children	Low	<p>Regular inspections of the pool and poolside are made daily to ensure there are no sharp edges or damages.</p>	Low
Water quality	Children Staff	High	<p>Effective water control in place by the site team – see NOP and EAP.</p>	Low

			<p>Pool water tests including chemical levels. Clarity and temperature are performed daily.</p> <p>Regular servicing of the pool provided by the schools specialist contractors.</p>	
Diving/Jumping into the pool	Children	High	<p>Children are reminded of the swimming pool rules, which clearly states – NO jumping or diving allowed.</p> <p>Children are not allowed out of the pool once they are in – unless authorised by a member of staff.</p>	Low
Level and quality of supervision	Children	Medium	<p>A qualified Lifeguard must be present during every swimming session – certificate 1 year to date.</p> <p>At least 2 additional members of staff alongside the Lifeguard must be present poolside during every swimming session.</p> <p>It is the responsibility of the Lifeguard to distribute staff around the poolside to supervise accordingly.</p>	Low
Swimmers with medical or special needs	Children	Medium	<p>All medical or special needs information must be brought to the attention of the Lifeguard before the swimming session commences.</p>	Low
First aid provision	Children Staff	Medium	<p>Adequate levels of trained first aiders on site. A fully stocked first aid kit is easily accessible.</p> <p>NOP &amp; EAP in operation</p>	Low
Rescue provision/Equipment	Children Staff	High	<p>Suitable and sufficient rescue equipment provided by the school.</p> <p>Qualified Lifeguard trained and competent in all use of rescue equipment.</p>	Low

Hygiene	Children Staff	Medium	Children will be encouraged to shower after using the swimming pool.	Low
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### Swimming Pool Rules:

These will be delivered to the children before every swimming session

- Do not enter the pool until instructed to do so by the lifeguard
- Entry to the pool must be by the steps
- NO jewellery
- NO: Diving, jumping, running, ducking, bombing or running
- Non swimmers to remain behind the rope
- NO: fighting, bullying, pushing or throwing other bathers
- NO jumping onto floats from the side of the pool
- NO: eating, drinking or chewing gum
- If the lifeguard blows the whistle you must stop and listen for further instructions
- If the lifeguard or a member of staff instructs you to leave the pool you must leave the pool immediately.

### General Swimming Pool Safety:

- The major factor in ensuring safety is good organisation.
- Doors to the pool hall and changing rooms must be kept locked at all times unless there is a responsible member of staff present.
- A nominated member of staff is responsible for opening and locking the swimming pool at the beginning and end of each session.
- The Group Leader will take a headcount of children entering the pool area at the beginning of the session. This will be repeated at the end of the session. The Group Leader must be aware of the total number of children in the pool at one time.
- Children will not be allowed to enter the pool until advised to do so by the person in charge of the session.
- The pool rules must be explained to each group at the beginning of their swim session.
- Swimmers will be advised on water depths.

#### Management of the pool:

- Swimming will not take place without the lifeguard present.
- The lifeguard is responsible for the operation of the pool.
- The lifeguard will advise members of staff accordingly.
- The lifeguard will comply with the school's Normal Operating Procedures and Emergency Action Plan if necessary.

#### Prior to swimming:

- No food or drink is to be taken into the pool hall.
- No outdoor shoes are to be poolside.
- The rules of the pool will be explained to children prior to each session.
- Children are to enter the pool by the STEPS only.

#### Further information is provided within the schools NOP's and EAP regarding:

- Alarm system and emergency equipment
- Chemical treatment and water testing
- Inspection of plant and air handling units
- Cleaning and hygiene
- Legionella control
- Chemical Control
- Water management equipment maintenance

## Team Games

Location: Field, Astro or Hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Weather conditions: <ul style="list-style-type: none"> <li>• Sunburn</li> <li>• Hypothermia</li> <li>• Hyperthermia</li> </ul>	Children	Medium	Staff to ensure that children are appropriately dressed for striking and fielding games – waterproofs, gloves, hats, sun cream etc.  Sessions may have to be postponed due to extreme weather conditions – high winds, heavy rain and reduced visibility.	Low
Minor injuries <ul style="list-style-type: none"> <li>• Slips</li> <li>• Trips</li> <li>• Stumbles</li> </ul>	Children	High	First aider is always on site to respond to any minor injuries.  Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.	Low
Major Injuries <ul style="list-style-type: none"> <li>• Broken bones</li> <li>• Concussion</li> </ul>	Children	Medium	First aider is always on site to respond to any injuries and is competent in dealing with emergency situations.	Low
Collisions with other participants	Children	High	First aider is always on site to respond to any minor injuries.  Staff supervision is arranged by the activity leader to ensure children are suitably managed and kept safe.	Low

			The activity leader will also ensure there is enough space for all children to play appropriately.	
<p>Equipment</p> <ul style="list-style-type: none"> <li>Faulty</li> <li>Misuse</li> <li>Slips and trips</li> </ul>	Children Staff	Medium	<p>All equipment will be checked and assessed before it is used, all equipment is well maintained and in good working order.</p> <p>All equipment is stored safely and out of the way during games and activities to reduce children slipping or tripping over it.</p> <p>All staff members are aware of our Manual Handling policy to ensure they are not lifting heavy equipment independently.</p>	Low
Playing surface (Hall, field or Astro)	Children	Medium	<p>Playing areas/surfaces and pitches are checked before and after any striking a fielding game, this will reduce the risk of slips and trips.</p> <p>The activity leader will also ensure there is enough space for all children to play appropriately.</p>	Low
Children's behaviour	Children	Medium	<p>Children are reminded of the safety instructions before the activity starts. Appropriate staff to child ratios dependent on number of participants.</p> <p>Children are also reminded of the camp rules to ensure they behave appropriately through out the entire activity.</p> <p>Any inappropriate behaviour will be dealt with accordingly – see Behaviour Policy. Removal of children from the activity will occur if necessary.</p>	Low

The below table shows the safety instructions and rules for a variety of Team Games – these will be delivered by the activity leader before commencement for each activity.

Type of game	Safety instructions	Rules
Bulldog	<p>No Contact  No Tackling  Aware of other players</p>	<p>One colored team catchers  Runner have bibs tucked into their backs  Runners must try to run to the other side  Removing tails and out of boundaries = catcher  Continue until none remain</p>
Capture the flag	<p>Stay inside the boundaries  Watch out for debris &amp; obstacles  Aware of other players  No climbing trees  No throwing sticks  Keep out of unsafe zones  No Tackling</p>	<p>Two teams have to reclaim enemy flag  Once crossed over half way, can be caught  If caught with enemy flag, flag must be returned to base  If caught must return to their own side</p>
Smugglers & Coastguards	<p>Stay inside the boundaries  Watch out for debris &amp; obstacles  Aware of other players  No climbing trees  No throwing sticks  Keep out of unsafe zones</p>	<p>One colored team catchers  Catch by touching other teams  Bring them back to base  Runners free caught runners with 'high 5's' ONLY 1  Team with most Catches wins (timed)</p>



## Tug of War

Location: Field/Sports hall

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Weight of rope – heavy to lift (manual handling)	Children Staff	Medium	At least two people will collect, lift and move the tug or war rope before and after the activity on camp.  Every attempt will be made to keep the rope as dry as possible, as the water makes it heavier.	Low
Surface conditions: <ul style="list-style-type: none"> <li>• Wet ground</li> <li>• Debris on ground</li> <li>• Stumbles and trips</li> <li>• Crushing risks (walls, trees etc...)</li> </ul>	Children	High	The activity will always take part on level ground to reduce slips and trips.  The ground for tug for war will be thoroughly checked by the activity leader to check for debris and assess the suitability before the session commences.  All children will wear sturdy footwear, which is assessed by the activity leader before the commencement of tug or war.	Low
Physical impact of taking part (Minor injuries)	Children	High	First aider is always on site to respond to any accidents or injuries during the activity.  Staff and children will be briefed on all rules and safety instructions	Low

			before the activity starts. Supervising staff ratios will be dependent on number of children participating.	
Rope burn	Children	High	Staff and children will be briefed on all rules and safety instructions before the activity starts. The activity leader will complete a visual check of the rope before the activity starts. First aider is always on site to respond to any accidents or injuries during the activity – a bucket of cold water and sponge will be taken out to the activity for immediate application.	Low
Children colliding into each other	Children	Medium	Children will be reminded to spread out over the rope to ensure they do not fall into each other. The game area will be kept clear to ensure that children observing are a safe distance away from those who are participating.	Low
One team pulling much harder than the other	Children	High	The age and ability of the teams participating will be evenly balanced to ensure that one team is not overwhelming the other. Children will be briefed on all rules and safety instructions before the commencement of activity.	Low
Weather conditions	Children	Medium	Staff to ensure that children are appropriately dressed for tug of war – waterproofs, gloves, hats, sun cream etc. Sessions may have to be postponed due to extreme weather conditions – high winds and heavy rain.	Low

Safety instructions given by instructor:

- Colored team gets called up - sit on one side
- "Stand up"
- "Pick up the rope"
- "Take the strain"
- Whistle signifies start and end

- Return to waiting zone

Rules:

- Let go of the rope after the second whistle
- Try to remain on their feet
- Suitable footwear for activity at all time

## Water Gauntlet

Location: Astro/Field

The significant hazards associated with this activity/premises	The individuals at risk who may be harmed by the significant hazards	Risk rating (High, Medium, Low)	Risk reduction and control – measures put into place to reduce the risk of hazards occurring	Revised risk rating (High, Medium, Low)
Collisions with other children	Children	High	Brief all children before activity commences; go through safety instructions and rules below.  Crew leader running the session has briefed all staff of the areas they are supervising.  First aider always on site during the activity to respond to any medical issues, which arise.  Remind children that they are all running in the same direction and must not cut across the water gauntlet.	Low
Slips and trips causing minor injuries	Children	Medium	Surface area is cleared and assessed as safe before carrying out the activity.  All children are reminded of rules and safety instructions before activity commencement.	Low

			First aider always on site during the activity to respond to any medical issues, which arise.	
Being hit with the sponges	Children	Low	Unavoidable – children are encouraged to throw sponges below the shoulder of others to reduce risk of children being hit in the face.  Inappropriate behaviour will be dealt with accordingly.	Low
Running into the net (only if on Astro)	Children	Medium	Staff to supervise children and encourage them to stay away from the net and run through the middle.  Appropriate staff to child ratios dependent on number of participants.  Rules and Safety instructions given to ALL children before commencement of activity.	Low
Weather conditions: <ul style="list-style-type: none"> <li>• Hypothermia</li> <li>• Hyperthermia</li> <li>• Dehydration</li> <li>• Sun burn</li> </ul>	Children	Medium	Crew leader will ensure that the weather is appropriate for this activity – it will be cancelled, postponed or an alternative activity will be run instead  Staff members will ensure children are wearing appropriate clothing – t-shirts, shorts and shoes are tied.  Staff members will also remind children to apply sun cream if necessary when going outside during the warmer camps.	Low

Safety instructions given by instructor:

- Official calls up team color to go to start line.
- Everyone else had 2 sponges and sits by the cones
- Official calls when starter is ready, 'Wet your sponges'
- Children run to wet their sponges in buckets of water
- When the Starter is ready he will countdown 3, 2, 1, GO!
- Children must then run from one end to the other, while sponges are thrown towards them
- Whistle to end game, calls up next team / group.
- While the others gather 2 sponges and sit back down

Rules:

- Ensure only sponges are thrown
- Max 2 sponges each
- Throwing zone far enough away from runners

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